

THE GODLY MAN – *Episode 2: The Godly Man is Kind*



Team Member Name: _____ Date: _____

Game Strategy – Even the smallest act of kindness is never wasted, but can we move from the occasional kind act to actually becoming kind?

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. What does kindness mean to you?
2. Read James 2:1-13. Why are we more kind to the rich person, the person who has status, the person who is a “somebody” and do not have the same kindness to those less privileged?
3. Can you give an example where an act of kindness by you had a positive effect on that person?
4. Can you share a time with the group when you experienced God’s kindness in your life?
5. Peter spoke about how “kind words cheer the heart.” Give an example of when a kind word by you had a positive impact on someone. What about a time when you used an unkind word towards a person that had a negative effect on them?
6. Cite some men in your life who, by being kind towards you, had a positive impact on you.

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Give God permission to put His character in your heart.
2. Exhibit kindness to others. Luke 6:38
3. Kindness is a strength, not a weakness.

Complete your **Personal Action Item**. 

Scripture References

James 2:1-13	Proverbs 14:31
Ephesians 4:31-32	Romans 12:8
2 Peter 1:7	Colossians 3:12
Titus 3:3-5	Luke 6:38

Coaching Tips

Speak encouraging words to others. Unkind words can often cut deep and create a lasting impression.

“A tree is known by its fruit; a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendship and he who plants kindness gathers love.” ~ *St. Basil*

“Do not think that love, in order to be genuine, has to be extraordinary. What we need is to love without getting tired.” ~ *Blessed Mother Teresa*

“Let no one ever come to you without leaving better and happier. Be the living expression of God’s kindness: kindness in your face, kindness in your eyes, kindness in your smile.” ~ *Blessed Mother Teresa*

Catechism Connection

1937 These differences belong to God’s plan, who wills that each receive what he needs from others, and that those endowed with particular “talents” share the benefits with those who need them. These differences encourage and often oblige persons to practice generosity, kindness, and sharing of goods; they foster the mutual enrichment of cultures: I distribute the virtues quite diversely; I do not give all of them to each person, but some to one, some to others.... I shall give principally charity to one; justice to another; humility to this one, a living faith to that one.... And so I have given many gifts and graces, both spiritual and temporal, with such diversity that I have not given everything to one single person, so that you may be constrained to practice charity towards one another.... I have willed that one should need another and that all should be my ministers in distributing the graces and gifts they have received from me.

214 God, “He who is,” revealed himself to Israel as the one “abounding in steadfast love and faithfulness.” These two terms express summarily the riches of the divine name. In all his works God displays not only his kindness, goodness, grace, and steadfast love, but also his trustworthiness, constancy, faithfulness, and truth. “I give thanks to your name for your steadfast love and your faithfulness.” He is the Truth, for “God is light and in him there is no darkness”; “God is love,” as the apostle John teaches.

See Also: **257, 736, 1832, 2346**

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...