

## THE GODLY MAN – *Episode 9: The Godly Man is Brave*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – “I ain’t scared of anything.” You know how we can be, but is that being brave? Hardly. Fear actually brings us to courage.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. What is your definition of a brave man? How does being bold fit in to being brave? Read Acts 4:29-31.
2. Fear many times prevents us from being brave. Quote - “it is easy to be brave at a safe distance.” Name some time in your life that you did a brave act. Name a time when fear prevented you from performing a brave act.
3. Pope John Paul II spoke, on his visit to Denver, told Curtis Martin and the FOCUS staff, “BE SOLDIERS FOR CHRIST.” Our church is going through some difficult times now. How can we be brave soldiers for Christ and stand up for the Church?
4. Peter told the story of the priest whom the Lord spoke to during adoration – telling him “he was afraid of offending men.” Have there been times in your life when you showed the lack of bravery because you were afraid of offending men? Explain.

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**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Continue preaching the gospel with boldness and confidence.
2. Have faith and be courageous. Hebrews 2:14-15
3. Take a stand against dirty jokes and gossip.

Complete your **Personal Action Item**. 

### **Scripture References**

Hebrews 12:2

2 Timothy 1:7

Hebrews 2:14-15

### **Coaching Tips**

“Teach us to be brave”

- Be brave. Stand up for the church.
- God is calling you out of your comfort zone.

“The Christian is brave, that is, he is prepared to suffer injury and, if need be, death for the truth and for the realization of justice.” ~ *The sixth of St. Thomas Aquinas’ seven virtues*

“Courage is almost a contradiction in terms. It means a strong desire to live taking the form of readiness to die.” ~ *G. K. Chesterton*

“Hope has two beautiful daughters – their names are anger and courage; anger at the way things are, and courage to see that they do not remain the way they are.” ~ *St. Augustine*

“Courage is being scared to death...and saddling up anyway.” ~ *John Wayne*

### **Catechism Connection**

**1805** Four virtues play a pivotal role and accordingly are called “cardinal: all the others are grouped around them. They are: prejudice, justice, fortitude, and temperance. “If anyone loves righteousness, labors are virtues; for she teaches temperance and prudence, justice and **courage**. These virtues are praised under other names in many passages of scripture.

**1808** Fortitude is the moral virtue that ensures firmness in difficulties and constancy in the pursuit of good. It strengthens the resolve to resist temptations and to overcome obstacles in the moral life. The virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions. It disposes one even to renounce and sacrifice his life in defense of a just cause. “The Lord is my strength and my song.” “In the world you have tribulation, but be of good cheer, I have overcome the world.”

**1520** *A particular gift of the Holy Spirit.* The first grace of this sacrament is one of strengthening, peace and **courage** to overcome the difficulties that go with the condition of serious illness or the frailty of old age. This grace is a gift of the Holy Spirit, who renews trust and faith in God and strengthens against the temptations of the evil one, the temptation to discouragement and anguish in the face of death.<sup>135</sup> This assistance from the Lord by the power of his Spirit is meant to lead the sick person to healing of the soul, but also of the body if such is God’s will.<sup>136</sup> Furthermore, “if he has committed sins, he will be forgiven.

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*